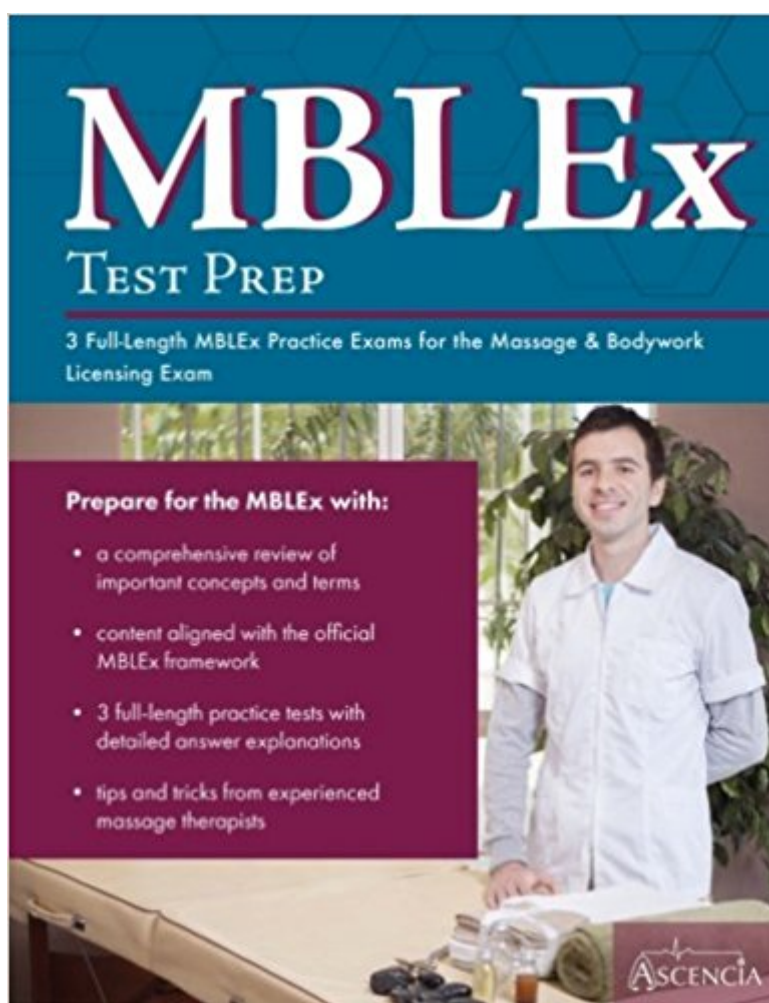


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# MBLEx Test Prep: 3 Full-Length MBLEx Practice Exams For The Massage & Bodywork Licensing Exam



## Synopsis

Ascencia Test Prep's practice test book, *MBLEx Test Prep: 3 Full-Length MBLEx Practice Exams for the Massage & Bodywork Licensing Exam* offers three full MBLEx practice tests, ensuring that readers will be prepared come test day. Our practice exams cover all relevant MBLEx content, including:

- The Foundation of Massage
- State Licensing
- The History of Swedish Massage
- Swedish Massage: Skills and Modalities
- Ethics
- The Role of Ethics
- Relationship between Therapist and Client
- Scope of Practice
- Professional Communication
- Professional Practice
- HIPAA and Confidentiality
- Client Records
- Equipment and Supplies
- The Therapist
- Growing and Maintaining a Business
- Anatomy and Physiology
- The Twelve Human Systems and Their Functions
- Energy Body
- The Meridians
- Kinesiology
- Pathology and Contraindication
- Pathology
- Contraindication
- Massage and its Benefits
- The Benefits of Touch
- Massage Modalities
- Hydrotherapy (Hot and Cold Therapies)

About Ascencia Test Prep

With healthcare fields such as nursing, pharmacy, emergency care, and physical therapy becoming the fastest and largest growing industries in the United States, individuals looking to enter the healthcare industry or rise in their field need high quality, reliable resources. Ascencia Test Prep's study guides and test preparation materials are developed by credentialed, industry professionals with years of experience in their respective fields. Every Ascencia book includes a comprehensive overview of the content knowledge that will be tested, along with practice questions for each section to enhance understanding. Full practice tests at the end of every book accurately reflect the exam, helping test takers determine if they are thoroughly prepared. Additionally, all Ascencia study materials offer exclusive tips from healthcare professionals to help readers thrive in their field beyond test day. Ascencia recognizes that healthcare professionals nurture bodies and spirits, and save lives. Ascencia Test Prep's mission is to help healthcare workers grow.

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## Customer Reviews

I needed to take the MBLEx exam to get a Florida massage therapy license after having graduated from massage school in Colorado in 1993. I knew that if I didn't study intensely prior to taking the exam, I would not pass. I used a variety of resources from ABMP, AMTA, a similar book I got from the public library, this book, and another book. I found this book helpful and affordable - much more so than the \$195 it would have cost me had I failed the test and had to take it again. Happily, I did pass the test, and this book helped.

This is a really good, comprehensive book. As an instructor I am always looking for study guides to recommend to my students, and I really like this one. It is a good-sized book and includes several sections. It goes into detail in each section with examples and practice questions. What I really like about this book is that it explains the answers. Having a book that gives you the answers is one thing, but if you don't understand HOW they got that answer you are still going to be confused. It has practice tests along with over 200 sample questions, which I think are a great representation of the actual test. I have purchased other books from Ascencia and as usual, they nailed it with this one. There is no "fluff" material in the book, just the straight-forward information you will need.

This book is exactly what it says it is, a test prep guide. I don't think that the introduction is really much help to those who are prepping for the exam. They will already know what a Massage therapist is and how they should act, so I am not sure of the purpose of that information. The rest of the book however is right on the money with the practice tests and the answer keys. This is an inexpensive book that could just give you the extra edge that you will need for your exam.

Three FULL LENGTH practice exams for anyone who is preparing for the Massage and Bodywork Licensing exam. This book is small and lightweight but packed with 300 questions relevant to the MBLEx. Each Practice Test is 100 questions and includes its own Answer Key, with detailed explanations as to why the answers are wrong/right. The opening introduction of the book also covers what you need to know for the tests and how the tests are divided and scored. For the price,

this is an excellent resource.

This book is composed of 3 full length 'Tests' for the Massage and Bodywork Licensing Exam. It covers body systems, Pathology, Applications, Assessment and Alternative Medicine. We are seeing much more of that that used to be the norm. The questions are clearly written with the answer section of not just giving the correct answer and explaining why its correct - the incorrect answers have the reasons why they are wrong and what they actually mean, so if you read over the answers you will learn a great deal - and may gain an answer on the MBLEx. The best way to study for these type exams is not to rely on one book or program but look at as many different things as possible. If you are studying for this test, this would be a good book to have to reference as it tests you knowledge - exactly what the actual exam does. A copy of this book was sent to me at no cost to myself with the hope that I would read and review it.

This was a very comprehensive guide for anyone looking to take this exam. In going through the book I was impressed with the practical nature of the book and how the book does a great job at really explaining why answers are what they are. You are provided with a few practice tests and on these tests you are getting a ton of questions that will better prepare you for the test that is to come. This book provides you with practical information that is set up to just get you ready to succeed. Get ready yourself for what this book can offer and get ready to pass this test!

Find this great way to pretest myself. Show what is in the test by telling the subjects and how many questions to expect. The grading scale is helpful. Nice to see how prep for test day. Like what to bring. I always forget something.

MBLEx Test Prep 3 Full-Length Mblex Practice Exams for the Massage & bodywork licensing Exam Rating 5 This book has helped me to get ready for my test

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